

# Parish of Kilmovee

*"A family of families"*

*Church of the  
Immaculate  
Conception,  
Kilmovee*

*St. Joseph's Church  
Urlaur*



*St. Celsus' Church,  
Kilkelly*

*St. Patrick's Church,  
Glann*



## MISSION STATEMENT

**T**he Parish of Kilmovee is a Christian Community, committed to making everyone welcome through meeting in liturgy, prayer and friendship as we bear witness to the love and compassion of Jesus Christ. *Fáilte roimh gach éinne.*



**Twenty-Seventh Sunday in Ordinary Time - 4th October 2015**

## A STORY AMONG MANY .....

**I**n November 1989, Peter and Helen Whelan attended a Retrouvaille weekend retreat. To their surprise, they spent the next two days working to try to save their marriage. Listening to facilitating couples who had struggled through unhappy marriages enabled them to feel less alone. Gaining insights into their own behaviours and what prompted them gave them something to think about. Learning powerful new techniques for communicating their feelings without judgment or fear gave them hope. Opening themselves up to the presence of God as the binding element of their marriage gave them faith. They emerged from the weekend with a sense that they could work to save their marriage, and that it was worth the effort.

Over the course of the Retrouvaille follow-up sessions, Peter and Helen began utilising new tools to work on their marriage. They talked to one another honestly about their needs and feelings. They listened openly without judging, rejecting or bringing up past hurts as they had so often in the course of their marriage. Those early sessions helped Peter and Helen establish a new pattern of communication in which they can talk openly with each other about any situation, stating what each needs without fear or defensiveness. While they once backed off from an issue if they encountered any resistance, now both Peter and Helen express their needs and thoughts, knowing that their spouse wants to understand and honour that need or idea, because it is essential to their partnership.

The Whelans came to realise they each needed to grow in self-knowledge before focusing on correcting their partner. "When you're in pain," Helen explains, "you can't see anything besides your own pain. I was incapable of seeing how deeply Peter was hurting." She laughs when she thinks back to all her tears in church beseeching God to "straighten out" her husband. Now both she and Peter recognise, and often repeat, "The only person you can change is yourself".

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*Marriage is central to this weekend Liturgy. The couple above attended a programme called "Retrouvaille" which literally means "re-discovery" and is intended for couples experiencing pressure in marriage. Details available on [www.retrouvaille.ie](http://www.retrouvaille.ie) and there is a weekend arranged for October 9th-11th.*



[kilmoveeparish.org](http://kilmoveeparish.org)



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### **PLEASE PRAY FOR**

Please remember in your prayers Michael Varley, Bolton (husband of Mary McLoughlin, Cloonamna) who died recently all those whose anniversaries occur around this time. May they rest in peace. Amen.

### **KILMOVEE SHAMROCKS**

The lotto numbers drawn for Sat 26th Sept were 4,26,28,34. There was no winner. The jackpot now stands at €8,650 with on 4 weeks left in the current lotto.

### **COIS TINE BOOK**

'Boithrin na Smaointe' (Down memory Lane) Copies are available from 'Cois Tine' Heritage Centre, front Office in Kilmovee Community Centre, Rushes Shop Kilmovee, and Kilkelly P.O. Cost €10. For more details contact 0868641738.

### **VOICES THROUGH ARTS**

The group is aimed at over 55's who enjoy arts and crafts. The group has a tutor to guide them with a variety of art and craft ideas including mosaics, painting on fabric, glass and many more seasonal ideas. Each session ends with tea and sandwiches. It's a great chance to meet other people and express yourself through arts and crafts. New people welcome and there is no skills needed... it's amazing what YOU can do and there are many group projects for people to work together. It takes places on Tuesdays from 11am to 2pm at Kilmovee Community centre. The cost is €5 per person.

### **SEAN-NOS DANCING CLASSES**

Sean-Nos Dancing classes will resume in Teach Ceoil, Cloonita on Wednesday September 30th with Laura Ganley, All Ireland Sean Nos Dancing Champion. Children

Beginners 7pm to 7.45pm, Children's Advanced 7.45pm to 8.30pm and Adults 8.30pm to 9.30pm. Contact Laura on 086 244 8392.

### **KILMOVEE READERS**

Currently working on new Readers' Rota and seeking some additional readers. Should have this finalised in next week or two. For now, we will include name for next week without circulating rota. James Hunt listed for next Sunday. We renew invitation to others to become involved and would especially like to include some of our second and third level students. Please think about it and get in touch. Many thanks.

### **COMPUTER CLASSES**

Kilmovee Family Resource Centre plan to run computer classes for beginner and advanced. Start dates to be confirmed and for more information please phone the FRC on 094 9649814 or drop in. We are open 5 days a week from Monday to Friday 9.30 to 5pm.

### **DIGITAL PHOTOGRAPHY**

The course will start in Kilmovee Family Resource Centre on Monday 5<sup>th</sup> October for 9 weeks from 7.30-9.00pm cost €45. The course will use Adobe Photoshop elements 7 which will be loaded onto the computers in the IT room or you can bring your own laptop and we can load the programme on for you. Places are limited, so booking is essential. Ring Kilmovee FRC at 094-9649814 or call in to book your place.

### **WALKING GROUP**

A group will meet every Monday morning at 9.30am. The walk will take different routes and distances and will accommodate all fitness level.

### **COMMON SENSE PARENTING COURSE**

Cáirdeas Kilmovee Family Resource Centre, in partnership with Tusla, are holding classes in Common Sense Parenting Skills. This is a practical, skill-based parenting program that can be applied to every family with children or teens aged between 6 and 16. The classes will be held on Monday evenings in Kilkelly Footsteps Childcare Centre starting

in mid October 7.30pm – 9.30pm for six evenings. The course book costs €20 which all participants keep and there will be an additional cost of €10 per participant to cover room hire and refreshments. Places limited so please book your place by calling in to Kilmovee Family Resource Centre or phone 094-9649814.

### **HERITAGE NIGHT**

The next heritage night in 'Cois Tine' heritage centre will take place on Monday night October 5th at 8.30pm. Local and visiting musicians, singers, dancers and storytellers will attend on the night. Homemade traditional food will be served with the usual cupan tae. A raffle will be held. Admission is free. All are welcome.

### **BREAST CANCER CAMPAIGN**

Kilmovee Family Resource Centre will take part in the Irish Breast Cancer Campaign 'make good choices for your breast health every day by organising a local awareness raising {non fundraising} walk on Thursday 15th October from Kilmovee Community Centre at 6pm. Engaging in physical activity, maintaining a normal body weight and eating a healthy diet are important lifestyle factors that can affect breast cancer risks - we will help get the message across that exercise is fun and good for you too!!

### **MAYO CANCER SUPPORT**

Mayo Cancer Support Association are holding a Men's Support Group Meeting at Rock Rose House on Tuesday 6th October at 7pm. Come along for a cup of tea and chat. More information from 094 9038407.

### **GUITAR CLASSES**

Classes continues in Kilmovee Family Resource Centre every Saturday. For more information and to book a place please contact Kilmovee FRC on 094 9649814.

### **ALTAR SERVERS**

As we begin our year and new Altar Servers join us, we are asked to have a short meeting with their parents and guardians. Date for this will be finalised by next weekend. Please see next week's bulletin.

## **MINISTRIES NEXT WEEK**

### **URLAUR:**

SS Reader: Fiona Walsh Boyle  
Eucharist: Nuala Hawkins  
Offertory: Boland Family  
Servers: Volunteers

### **KILMOVEE:**

SS Reader: James Hunt  
Eucharist: Mary Gallagher  
Offertory: Duffy Family  
Servers: A Hughes, N McDermott,  
A Moffatt, K Moffatt, J Regan

### **GLANN:**

SS Reader: Shelia Harrington  
Eucharist: Sadie Dunleavy  
Offertory: Duffy Family  
Servers: As Arranged

### **KILKELLY:**

SS Reader: Caroline Leetch  
Eucharist: Tina Coakley  
Offertory: Kernaghan Family  
Servers: As Arranged

[www.kilmoveeparish.org](http://www.kilmoveeparish.org)

## **WOOD TURNING DEMO**

Kilmovee Men's Shed is hosting two evenings of wood turning with Willie Creighton from 8-10pm on Thursday 1st October and Thursday 8th October in the Thatched Cottage, Kilmovee Community Centre. The demonstrations will show how to do woodturning and participants will have an opportunity to try it out for themselves. The demonstrations are open to all men (not just Men's Shed members) and there will also be an opportunity to hear about Kilmovee Men's Shed for new members to join. This project is supported by South West Mayo Development Co. The Social Inclusion and Community Activation Programme 2015-2017 is funded by the Irish Government and co-funded by the European Social Fund and includes a special allocation under the Youth Employment Initiative.

## **MANAGEMENT TRAINING**

South West Mayo Development Company (SWMDC), in association with Castlebar Men's Shed, is delivering 'Managing a Men's Shed'. This free training, funded under the Social Inclusion and Community Activation Programme (SICAP) is open to committee members from Men's Sheds in the Castlebar and

Claremorris Municipal Districts only. Training will take place on Wednesday 7th October from 7pm-10pm in Castlebar Men's Shed. Topics covered will include role of committee members, dealing with conflict, health and safety and good governance. To book, please contact Ann in SWMDC on 098-41950 or email [amoogan@southmayo.com](mailto:amoogan@southmayo.com).

## **KILKELLY ACTIVE AGE**

The group meet every Thursday in Kilkelly Community Centre at 11am. We are looking for two volunteers to come in from 11am until 12.30pm to make soup and sandwiches for a small number of people and wash up afterwards. You would only need to commit to one Thursday a month. Contact 0863561570 at any time for more details or call in to centre any Thursday.

## **CRAFT FAIR**

The Carracastle Craft Fair will take place on Sunday 25th October from 11am-4pm in the Carracastle Community Centre. Everyone is invited to attend and admission is free. There will be a wide range of crafts for sale on the day. If you are interested in having a table, please contact Judy at 087-7003158 as soon as possible as tables are going fast.

## **ZUMBA CLASSES**

Zumba Every Wednesday night from 7-8pm €30 for a six week class or pay as you go €6 per night. Contact Janette on 0861760117 for details.

## **RECYCLING CENTRE**

Kilmovee Recycling Centre - From October 1st there will be a charge of €2 for all bags of recycling. Bags can be mixed of paper/plastic/cardboard. No Cans or Bottles please - these can be recycled for Free in the Recycling Bank.

## **SOCIAL DANCING**

Social Dancing resumes every Thursday Night from 8.30 - 10pm. Tuition in all types of dancing. No Partners needed. Enquiries to Sean 0872824710.

## **PARENT & TODDLER**

Parent and Toddler group every Tuesday from 11 - 1pm in the Community Centre. Drop in for a

chat and a coffee and some playtime for the Children.

## **'A LAUGH AND A TEAR'**

A CD containing some of the late Martin Frain's much loved recitations, is on sale in : Kilmovee PO, Rushes' Shop, Kilmovee, Tarpeys' Shop Kilkelly, Mulligans, The Square and Imelda Towey's, Ballaghaderreen. All proceeds to the Mayo Roscommon Hospice.

## **FOOTSTEPS**

A parent and Toddler group is held every Monday at Footsteps childcare facility from 11am-12.30pm, Parents with children from birth to preschool age are invited along and also grandparents are most welcome. Enjoy a cuppa while your child plays in a safe and secure building.

## **MS IRELAND**

An informal meeting of MS Ireland Roscommon Branch will take place on Tuesday 6th October 2015 at 8.00pm in St Joseph's Community Resource Centre, Abbeystown, Boyle, Co. Roscommon. All are welcome to attend. Enquiries:087 2036119.

## **SWIMMING POOL**

A collection in aid of Kilmovee swimming pool will be held outside Glann church on Saturday 10th October. Your support would be appreciated

## **ST GERARD MAJELLA**

The Annual Triduum to St. Gerard Majella in Esker Redemptorist Church Monday 12<sup>th</sup> October to Wednesday 14<sup>th</sup>. 2 Sessions each day 10am and 8pm. Blessing with First Class Relic at each session. More details available on [www.redemptoristsesker.ie](http://www.redemptoristsesker.ie) or by calling 091 844549

## **ANAM CARA MEETING**

Anam Cara is holding its monthly Parent Evening on Thursday 15<sup>th</sup> of October 2015 from 19:30 to 21:00 in the Family Centre, Chapel Street, Castlebar, Co. Mayo. All Anam Cara Services are available free of charge to bereaved parents.

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**@kilmoveeparish**



# CHURCH DIARY THIS WEEK

## Church of the Immaculate Conception, Kilmovee

Sunday 4th October	10.00am
Monday 5th October	_____
Monday 5th October	_____
Tuesday 6th October	10.00am
Wednesday 7th October	10.00am
Thursday 8th October	10.00am
Friday 9th October	10.00am
Saturday 10th October	11.00am
Sunday 11th October	10.00am

Martin Regan, Culcastle  
 NO MORNING MASS - Adoration begins at **10.00am** this week  
 Adoration of the Blessed Sacrament 10.00am-10.00pm  
 Donor's Intention  
 Donor's Intention  
 Donor's Intention  
 James and Margaret Duffy, Magheraboy  
 Michael Duffy, Carralackey  
 Peter and Joe Caulfield Carralackey

## St Joseph's Church, Urlaur

Saturday 3rd October	7.00pm
Wednesday 7th October	_____
Saturday 10th October	7.00pm

People of The Parish  
 Adoration of the Blessed Sacrament 5.00pm-10.00pm  
 Martin and Jane Boland, Aughadeffin

## St Celsus' Church, Kilkelly

Sunday 4th October	11.15am
Tuesday 6th October	9.00am
Wednesday 7th October	9.00am
Wednesday 7th October	_____
Thursday 8th October	_____
Friday 9th October	8.00pm
Sunday 11th October	11.15am

Sean & Kathleen Maye, Goulane  
 No Morning Mass  
 Our Lady of the Rosary  
 Adoration of the Blessed Sacrament 9.30am-3.00pm  
 No Morning Mass  
 Tim & Kitty Duffy & son Tim & Michael & Mary Walshe & son Paddy  
 Bernard Kernaghan, Knock Road, Kilkelly 1st Anniversary

## St Patrick's Church, Glann

Saturday 3rd October	8.00pm
Monday 5th October	_____
Monday 5th October	8.00pm
Saturday 10th October	8.00pm

Thomas Callaghan, Manchester and late of Sinolane  
 Adoration of the Blessed Sacrament 4.00pm-9.00pm  
 For the Sick of the Parish  
 John Duffy, Dublin & Glann

### PRIESTS OF THE PARISH

Fr Vincent Sherlock: 094-964 9137  
 Fr John Maloney: 094-936 7031

### PARISH EMAILS

[info@kilmoveeparish.org](mailto:info@kilmoveeparish.org)

### FOR BULLETIN ITEMS

[news@kilmoveeparish.org](mailto:news@kilmoveeparish.org)

### PARISH WEBSITE

[www.kilmoveeparish.org](http://www.kilmoveeparish.org)

### PRIMARY SCHOOLS

Kilmovee NS: 094-986 1282  
 Kilkelly NS: 094-936 7371  
 Tavrane NS: 094-964 9065

### PARISH BULLETIN

Please submit items including contact details, by Thursday evening.  
**Bulletin** email address is [news@kilmoveeparish.org](mailto:news@kilmoveeparish.org)

### ST VINCENT DE PAUL

Contact Number: 086-372 5256  
 Monday to Friday 3pm-7pm

## PARISH AND DIOCESAN

### SAFEGUARDING POLICY

[www.achonrydiocese.org](http://www.achonrydiocese.org)

