

Parish of Kilmovee

“A family of families”

*Church of the
Immaculate
Conception,
Kilmovee*

*St. Joseph's Church
Urlaur*



*St. Celsus' Church,
Kilkelly*

*St. Patrick's Church,
Glann*

MISSION STATEMENT



The Parish of Kilmovee is a Christian Community, committed to making everyone welcome through meeting in liturgy, prayer and friendship as we bear witness to the love and compassion of Jesus Christ. *Fáilte roimh gach éinne.*



The Ascension of the Lord - 8th May 2016



THERE'S SOMETHING IN IT

A lecturer walked around a room while teaching stress management to an audience. As she raised a glass of water, everyone expected they'd be asked the "half empty or half full" question. Instead, with a smile on her face, she enquired: "How heavy is this glass of water?" Answers called out ranged from 8 oz. to 20 oz.

She replied, "The absolute weight doesn't matter. It depends on how long I hold it. If I hold it for a minute, it's not a problem. If I hold it for an hour, I'll have an ache in my arm. If I hold it for a day, my arm will feel numb and paralyzed. In each case, the weight of the glass doesn't change, but the longer I hold it, the heavier it becomes."

She continued, "The stresses and worries in life are like that glass of water. Think about them for a while and nothing happens. Think about them a bit longer and they begin to hurt. And if you think about them all day long, you will feel paralyzed – incapable of doing anything."

It's important to remember to let go of your stresses. As early in the evening as you can, put all your burdens down. Don't carry them through the evening and into the night. Remember to put the glass down!

(Author Unknown)



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PLEASE PRAY FOR

We remember in our prayers, **Jimmy Forkin**, Aughadeffin, (funeral Mass on Wednesday at 11.30am) and **Colleen Steenberg**, Philadelphia (mother of Michelle Shiel, Kilmovee) who died in recent days and all whose anniversaries occur around this time. May they rest in peace. Amen.

FOOTSTEPS

Services available at our childcare facility at Upper Main St. Kilkelly are Parent & Toddler group, Mondays 10.30am-12noon, €2 per family per day. Preschool Mon-Fri. 9.30-12.30 and Afterschool Mon-Fri. 2-6pm. Cost is €3.50/7/10 per day. Free preschool year for all children after their 3rd birthday. Subvention available to families on any social welfare and/or with medical cards. Camps at Easter, Summer and Halloween. We can also host your child's birthday party [groups of 10-30], €8 per child, hot and cold food and party bags included with access to our outdoor play area. Pop in any time to discuss any of the above or text/call Anne on 0863561570.

CORPUS CHRISTI

In this Year of Mercy to mark the Feast of Corpus Christi (weather permitting), the Sunday Mass in Kilkelly at 11.15am will be celebrated in the High Street car park behind Duffy's butchers. This will take the place of the Annual Corpus Christi Procession due to traffic concerns. If the weather is inclement Mass and Benediction will take place in the Church.

FOOTSTEPS

Our next clothes collection is scheduled for early June. Bags of clean clothes, belts, bags, shoes, towels and linens can be left in any day to our childcare facility at Upper main street, Kilkelly. Monies raised will be put towards materials for our

summer camp. Our last collection raised €250. Thanking you in advance.

STATION MASS COIS TINE

Wednesday May 11th: 'Station Mass' in 'Cois Tine' Heritage Centre at 8pm. Followed by presentation of prizes to pupils from Kilmovee/Tavrane NS for Art Competition. Recital by "Cill Mobhí" Comhaltas Group. Refreshments served.

SWIMMING POOL

The members of Kilmovee Swimming Pool Committee would like to sincerely thank Carracastle/Kilmovee Drama group for their contribution towards the pool. They raised €650 for the pool and gave us all a very funny and enjoyable night out.

CEMETERY MASSES

Mass will be offered in St. Celsus old Cemetery, Kilkelly on Friday 1st July at 8.00pm and St. Celsus Cemetery, Culmore on Saturday evening 30th July at 8.00pm. Weather permitting.

BODY TONING CLASSES

Body Toning Class In Kilmovee Community Centre every Thursday Morning from 9.30-10.30am. Great class to get in shape for Summer. €8 per class or €40 for block of 6.

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"Share the message!"
@kilmoveeparish

LOUGH DERG

Thanks to the 26 people who travelled with the priests of the parish for the One Day Pilgrimage to Lough Derg on Monday last. It was a very special gathering and good to have been able to share some time together in faith and friendship.

MONTH OF MAY

In this month of May, we traditionally pay particular heed to Our Lady. Many homes have "May Altars" and focus on saying

some prayers to Mary. As part of our prayer support of students preparing for exams we will have a "Human Rosary" in Urlaur Church, followed by Mass on Thursday 26th May at 8pm. We hope to contact all students of Junior and Leaving Cert Classes in St Nathy's, Ballaghaderreen, Community School, Charlestown, St Louis, Kiltimagh and in Ballyhaunis Community School in the coming weeks to extend an invitation to attend. We welcome all who wish to come along, join us in the Rosary and Mass, to make note of this date and time. Further details later.

UKRAINE COLLECTION

Many thanks to all who were so generous in their response to Pope Francis' Appeal for aid for Ukraine. The collection total was €1020 and this has been passed on to the Diocese and will be included in the Diocesan Total to be forwarded for aid to the people of Ukraine.

MARRIAGE CELEBRATED

Congratulations to two of our parishioners, **John McCann**, Magheraboy and **Siobhan Cassidy**, Carrlackey who were married in Kilmovee Church recently. We wish them every happiness and blessing all the days of their married life.

BLESSING IN KNOCK

On Saturday May 14th there will be a special blessing ceremony for all parents who are expecting a baby held at Knock Shrine. It will include a short prayer for protection and safe delivery with an individual blessing for all mothers-to-be who are present. It will take place in the Shrine at 12 noon. All welcome.

VOLUNTEERS SOUGHT

Would you have a little spare time this summer and consider becoming a volunteer at Knock Shrine? Volunteers welcome and assist pilgrims during their time at Knock. Times would be arranged to facilitate your family and personal commitments. A meeting to discuss this plan will be held on Wednesday the 4th of May at 8pm in the Witness to Hope Centre, Knock. All are welcome. **Further information from Witness to Hope Office - 094-9375070.**

MINISTRIES NEXT WEEK

URLAUR:

SS Reader: Alex McDonnell
Eucharist: Lorraine Collins
Offertory: Hayes Family
Servers: Volunteers

KILMOVEE:

SS Reader: Deirdre Cassidy
Eucharist: Michelle Jordan
Offertory: Conway Family
Servers: T. McCann, E. McCann,
C. Duffy, B. Duffy, R. Haran

GLANN:

SS Reader: Shelia Harrington
Eucharist: Tina Coakley
Offertory: Gibbons Family
Servers: C. Gallagher & S. Moran

KILKELLY:

SS Reader: Maeve Duffy
Eucharist: Mary Kelly
Offertory: Walsh Family
Servers: K. Dunleavy & L. Rochford

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DIOCESAN DAY IN KNOCK

Next Sunday, May 15th, is the day for the Annual Diocesan Pilgrimage to Knock Shrine. Ceremonies begin at 2.30pm with Mass at 3pm. Why not make it part of your day? Would be great to see you there.

TONING CLASSES

Shape up for Summer with the Shape and Tone Class, Every Thursday 9.30-10.30am. €8 per class or €40 for 6 week session. All you need is a Mat, Water and Determination.

METAFIT CLASSES

Metafit HIIT workout (high intensity interval training) 30 minute workout Body-weight exercises started in Kilmovee Community Centre on Tuesday May 3rd at 8pm. The class costs €7. The class is for women and men. A great way to tone the body and burn off fat. It suits all fitness levels and abilities. Bring a mat and towel, any questions call Justin 0866012867.

PILGRIMAGE TO LOURDES

The Killala-Achonry Pilgrimage to Lourdes takes place 23rd- 28th August 2016, departs from Ireland West Airport Knock. 5 nights in full board accommodation in the Hotel Agena. Price €710 - (single rooms available, supplement applies). To book a place on this pilgrimage, please contact the following: Pilgrim Section: Michael Walkin, Ballina, JWT representative on 086-6080763.

Assisted/Invalid Pilgrim Section:
Eileen O'Brien on 087-4431325

KILMOVEE SHAMROCKS

The numbers drawn for the lotto for Sat April 23rd were 1,9,15,23 and for Sat April 30th 14,25,30,34. There was no winner. Congrats to the minors Na Sáirséalaigh Seamróga who beat Louisburgh in the division 2 league final on Tuesday. On the panel from shamrocks were Ciaran Sweeney, Conor Dunleavy, Cathal Horan, Pdraig Duffy, Ronan Dunleavy, Gavin Duffy, Adrian Flattley, Brendan Moran and James Gallagher. The next monthly meeting takes place in the club house on Tuesday next May 10th at 9pm.

GO FOR LIFE GAMES

Go For Life Games for Active Age Groups, ICA, Mens Sheds etc in conjunction with Mayo Sports Partnership in Kilmovee Community Centre on Thursday 12th May 11.30 - 1.30pm. Fun Exercise for Over 55's. Refreshments served after. Wear comfortable shoes. €2 per person. Contact 094 96 49484 to book your group.

KILKELLY I.C.A.

The monthly meeting of Kilkelly ICA will be held on Tuesday the 10th of May at 8.30pm. All are welcome to attend.

DIOCESAN PILGRIMAGE TO LOUGH DERG

Achonry Diocese Year of Mercy Three Day Pilgrimage to Lough Derg Mon 27th - Wed 29th June. Transport to be confirmed. Island admission: €70 adult; €65 senior; €59.50 student (student ID) Please contact Fr John Maloney Tel: 094 9367031 Email: jmaloney@achonrydiocese.org

ENERGY ADVICE CLINIC

Claremorris Energy Advice Clinic Wednesday 11th May 7.00pm-9.00pm Town Hall, Claremorris, Co. Mayo 'Reduce your energy bills through insulation and energy saving measures!!!!' Guest Speakers: Better Energy Warmer Home Scheme: Alma Gallagher, Clár ICH, How to Save Energy in the Home: Gerry McGough, Energy Action Ltd, Renewable Energy in the Home--Fergus McCann, SE Systems. One to one Clinics Budget Advice for Managing Energy Bills, Applying for the Better Energy Warmer Homes, Renewable Energy in the Home, Saving Energy in the Home.

Followed by Refreshments, Goodie Bag valued at €30 for attendees To reserve a place or for more information please contact the Clár ICH office at, 094 9371830

COMPUTER & BUSINESS COURSE

Computer and Business Course(s) for Unemployed Adults Venue – Further Education Centre, Dublin Road, Swinford Swinford VTOS is hosting an Open Day on Thursday 19th May 2016 from 11 am – 2 pm for unemployed adults who may be interested in doing a Computer and Business Course commencing in September 2016 at the Further Education Centre, Swinford. The course which leads to QQI awards at levels 4, 5 & 6 provides unemployed adults with the opportunity of returning to education, updating their skills and improving their employment prospects. The Course is free and adults who are over 21 and in receipt of social welfare for at least 6 months are eligible. Participants aged 25 and under may be entitled to an additional €60 per week. Childcare support is also available. For further information, contact Emer at 094 9251928 or email emermullins@msletb.ie

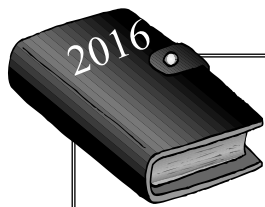
CHARLESTOWN ARTS CENTRE

Charlestown Arts Centre Events This Week! **Creative Writing Group:** Monday 9th May, Morning Session 11.00-12.30pm & Evening Session 7.30-9pm. All Welcome. **Art & Craft Get Together,** Thursday 12th May, Afternoon Session 12-2pm and Evening session 7-8pm. Bring your own materials, get to know people, share ideas and have a chat! All are welcome.

A SMILE OR THREE

- “I went to the bookstore and asked the lady to show me the **SELF HELP** Section. She said if she did that, it would defeat the purpose”!!
- “What was the best thing before sliced bread?”
- “One nice thing about egotists, they don't talk about other people”

(Thanks for this email. Certainly worth sharing a smile. They say every mile should begin with an S ... it would shorten the journey!)



CHURCH DIARY THIS WEEK

Church of the Immaculate Conception, Kilmovee

Sunday 8th May	10.00am	Paddy and Maureen Duffy, Cloonamna
Monday 9th May	10.00am	People of The Parish
Monday 9th May		Eucharistic Adoration of the Blessed Sacrament (10.30am-10.00pm)
Tuesday 10th May	10.00am	Donor's Intention
Wednesday 11th May	11.30am	Funeral Mass of the late Jimmy Forkin Aughadeflin
Wednesday 11th May	8.00pm	Station Mass in Cois Tine
Thursday 12th May	10.00am	Donor's Intention
Friday 13th May	10.00am	Betty Moran, Skeheen
Saturday 14th May	11.00am	Bridie and James Horan St Michaels and Cullgarriff
Sunday 15th May	10.00am	Tommy Conway, Ballyglass

St Joseph's Church, Urlaur

Saturday 7th May	7.00pm	Jimmy Grennan, deceased family and Paddy Phillips (Month's Mind)
Wednesday 11th May		Eucharistic Adoration of the Blessed Sacrament (5.00pm-10.00pm)
Saturday 14th May	7.00pm	Anne Hayes, Urlaur Month's Mind

St Celsus' Church, Kilkelly

Sunday 8th May	11.15am	Paddy & Peg Hunt, Culmore
Sunday 8th May	10.15am	Confessions (10.15-10.40am)
Tuesday 10th May	9.00am	Nora Dillon, Shammer
Wednesday 11th May		No Morning Mass
Wednesday 11th May		Eucharistic Adoration of the Blessed Sacrament 9.30am-3.00pm.
Thursday 12th May	9.00am	Special Intention
Friday 13th May	8.00pm	Mary Kerins, Carrabeg
Sunday 15th May	11.15am	Patsy Walsh, Kilkelly
Sunday 15th May	10.15am	Confessions (10.15-10.40am)

St Patrick's Church, Glann

Saturday 7th May	8.00pm	James Harrington and deceased family members, Carrabeg
Monday 9th May		Eucharistic Adoration of the Blessed Sacrament (4.00pm-9.00pm)
Monday 9th May	8.00pm	Malachy Egan, Tavrane
Saturday 14th May	8.00pm	Caroline Gibbons, Sinolane

PRIESTS OF THE PARISH

Fr Vincent Sherlock: 094-964 9137
Fr John Maloney: 094-936 7031

PARISH EMAILS

info@kilmoveeparish.org

FOR BULLETIN ITEMS

news@kilmoveeparish.org

PARISH WEBSITE

www.kilmoveeparish.org

PRIMARY SCHOOLS

Kilmovee NS: 094-986 1282
Kilkelly NS: 094-936 7371
Tavrane NS: 094-964 9065

PARISH BULLETIN

Please submit items including contact details, by Thursday evening.
Bulletin email address is news@kilmoveeparish.org

ST VINCENT DE PAUL

Contact Number: 086-372 5256
Monday to Friday 3pm-7pm

PARISH AND DIOCESAN

SAFEGUARDING POLICY

www.achonrydiocese.org/diocesan-policy/



Safeguarding



Parish Website